

CHOOSE THE REQUIRED FITNESS FLOOR HERE



POWER TRAINING

Power training can be used for various purposes, but the underlying aim is always to increase strength, boost muscle mass and extend endurance.

STANDARD 20MM



Damping **
Stability ****
Wear resistance ***

HEAVY DUTY 20MM*



Damping *
Stability *****
Wear resistance *****



FUNCTIONAL TRAINING

Functional training is a form of exercise that trains the body for the type of activities normally carried out during daily life.

BASIC 15MM



Damping *
Stability ****
Wear resistance ***

PREMIUM 20MM



Damping **
Stability *****
Wear resistance **



CROSSFIT

CrossFit is a form of fitness training that combines weightlifting, athletics and gymnastics. The underlying intention is to exploit different training methods to ensure you use all the muscles in your body.

EXTREME HI 65MM



Damping *****
Stability **
Wear resistance ***

CF 43MM



Damping *****
Stability ***
Wear resistance ***

CF HEAVY DUTY 43MM*



Damping ***
Stability *****
Wear resistance *****



WEIGHTLIFTING

Weightlifting is a power sport whereby you try to lift heavy weights from ground level to above head height.

WEIGHT LIFT 30MM



Damping ***
Stability ****
Wear resistance ***

*HD products are more stable and wear resistant.

CHARACTERISTICS



DRAINAGE



HYGIENIC



ROBUST



SOUND ABSORBING

COLOURS



BLACK



GREY



GREEN



RED

GUARANTEE

2 YEARS

CERTIFICATION

FIRE CLASSIFICATION EN 13501

SOUND INSULATION ISO 10140

VOC AIR QUALITY

