



Impulse Dual Abdominal / Lower Back

Key Features

- Adjustable starting position accommodates different users
- Multi-position footplate provides various exercises
- Back upholstery support provides minimal pressure
- Smooth cable action ensures an even resistance throughout the full range of motion
- Ideal piece of equipment for working the abdominals, core and back muscles.

Range Features

- Dual function design ensures optimal use of space within your facility
- Part of an eight machine range which offers a comprehensive fixed resistance workout solution
- Instructional placards demonstrating exercise positions

Specification	
SKU	IF-PL9024
Weight	99.5kg + stack
Weight Stack	113kg
Width	1094mm
Length	1044mm
Height	1520mm
Colour	Silver with Grey Upholstery

Warranty	
Structural Steel Framework	Lifetime
Rotary Bearings, Weight Stacks, Pulleys, Guide Rods, Structural Moving Parts	2 Years
Cable, linear bearings, springs	1 Year
Upholstery, Handgrips, All Other Items Not Listed	6 Months

