

THE PRO310

SMALL FOOTPRINT, BIG VALUE

PRO310

Great features and programs you expect from Octane in a space-efficient package for quiet, safe operation.

OCTANE ADVANTAGES

- Space-saving design
- Low step-up height
- MultiGrip & Converging Path handlebars
- Biomechanically correct pedal spacing
- Advanced training – 30:30
- Workout Boosters



UPPER-BODY ERGONOMICS

Patented, one-of-the-kind MultiGrip and Converging Path handlebars that better engage the upper body and custom fit every exerciser.

30:30 INTERVAL

An exclusive ability to train like the pros with the 30:30 Interval challenge program from EXOS.

REAL RUNNING MOTION

Delivers supremely comfortable natural movement and flow, both forward and backward, without stress on the joints.

ARMBLASTER

For an unrivaled total-body experience, this trademark workout combines cardio with intense upper-body strength intervals.

PRO310 SPECIFICATIONS

• Standard ○ Optional

KEY MECHANICAL FEATURES

Stride length	20.5" (52 cm)
Close pedal spacing	1.8" (4.5 cm)
Low step-up height	•
MultiGrip™ and Converging Path™ handlebars	•
Moving handlebar lock-out option	•
1-time adjustable handlebar position	•
Phone holder	•
Water bottle holder	•
Tablet/reading rack	•
Transport wheels	•

ELECTRONIC FEATURES

Resistance levels	20
Digital contact heart rate on stationary handlebars	•
Wireless heart rate ready (Polar®)	•
HeartLogic™ Intelligence	•

WORKOUTS

Number of programs	12
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PRESET RESISTANCE PROGRAMS

Manual	•
Random	•
Custom Interval	•
Beginner	•
10K	•

HEART RATE-CONTROLLED PROGRAMS

Heart Rate Fat Burn	•
Heart Rate Cardio	•
Heart Rate Custom Interval	•

ADVANCED PROGRAMS

30:30 Interval	•
350 Calories	•
750 Calories	•
Half Marathon	•

WORKOUT BOOSTERS

X-Mode™	•
GluteKicker™	•
ArmBlaster	•

ENTERTAINMENT OPTIONS

Personal Viewing Screen*	○
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PRODUCT SPECIFICATIONS

Max user weight	300 lbs (136 Kg)
Footprint (W x L)	31" x 65" (79 cm x 165 cm)
Footprint - live area (W x L)	34" x 76" (87 cm x 193 cm)
Product weight	260 lbs (118 Kg)

WARRANTY

Parts	2 years
Labor	1 year

*External controller required.